



# PYCP

## Pilton Youth & Children's Project



Summer round up, Autumn news, Clubs, Christmas and 2023!

### Does anyone else think this year is flying by?

Thanks for dropping by and taking a read of our Autumn/Winter Newsletter.

It's 10 weeks since our Summer programme ended and it feels like it was yesterday.

Inside this newsletter there are 6 pages of photos taken in the Summer.

We have updates from our Intensive Support team and Youth Workers and a spotlight on our new Volunteer Development Worker, Gillian.

To find out about our current clubs and groups go to the back page.

Clubs will run up to Friday 16th December.

Over 3500 picnic lunches handed out to children and young people over the Summer

### Thinking of donating to a charity? Become a PY Pal?



We are now in our 3rd year of having PY Pals and thanks to everyone who have become our Pal.

Make a one-off donation or make a regular donation each month.

Go to [www.pycp.co.uk](http://www.pycp.co.uk) to find out more

You can help us support children and young people to have a positive future

There are many ways to get in touch with the PYCP team:



@piltonyouthproj



piltonyouthchildren



0131 332 9815



PYCP/97



info@pycp.co.uk



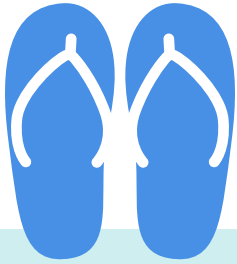
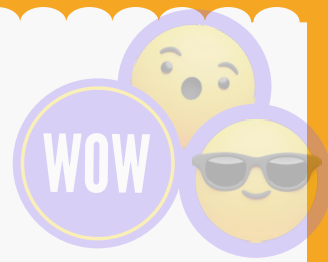
www.pycp.co.uk



Come & visit us! The Greenhouse, 33 West Pilton Brae, Edinburgh, EH4 4BH



What a summer! Fabulous weather, with lots of clubs inside and outside of the project, trips out and special entertainment for everyone and for the first time in 3 years all activities were face to face and not on Zoom!



**2000**

spaces taken for children and young people to do activities and clubs over the Summer



**300**

spaces for children and young people to go on trips over the Summer



**600**

spaces taken for children to go to fun clubs over the Summer



**38**

children and young people continued to be supported by our team of Intensive Support Workers



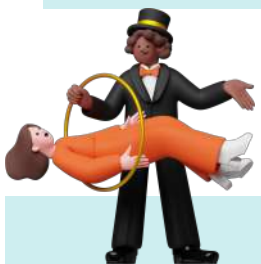
**450**

spaces taken for S1 drop ins on Wednesdays and Fridays over Summer



**3000+**

PY Picnic lunches were handed out over the Summer holiday



**240**

Children and young people joined us to learn Circus skills, Magic and meet all the Petting Zoo animals



**400+**

Children and their families came along to our 25th Anniversary Open Day



# Summer Photo Album

Here are just some of our Summer snaps, there's plenty more and it brings back lots of smiles and happy memories



Sunny dry Summer = lots of fun outdoors



Giant Bubbles outside of PYCP



PY Children became green fingered in the Community Garden



We can't resist dressing up in PY



Getting crafty outside



This looks a fun way to learn the alphabet



Water balloon bombs!



# Summer Photo Album

Trip, clubs and fun



Lollies were needed all summer to keep us cool!



Who am I?



Safari Park fun



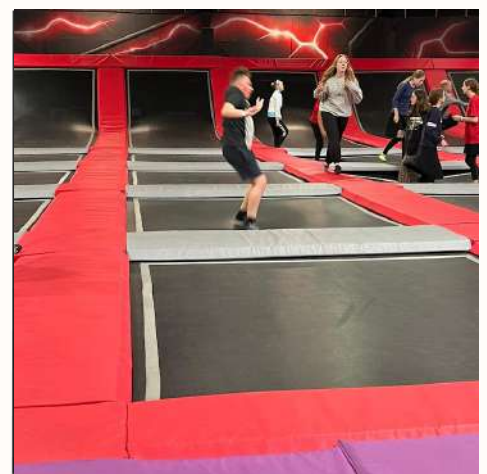
Giraffes outside enjoying sunshine with us



Safari slide



Trip to Wonderworld



Trampoline Trip



# Summer Photo Album

Enjoying the weather outside PY



Masterpieces in the making



Personalising baseball caps



How does our garden grow



Apprentice Magicians



Soft play fun



Volunteer Maria helping prep for the PY Picnics



Learning Circus Skills



# Summer Photo Album

Pictures speak a thousand words. Check out the smiles on everyone's faces



Chameleons! Cute :-)



Spider!!!!



What's inside the box!



How charming - a snake!



and Snake charming...



Chilled out Ducks



Hissing cockroach



# Summer Photo Album

Possibly the hottest day of the year, our Open Day saw over 400 people come in to PYCP. It was so nice to see lots of parents and families and children again.



Photos of PY from bygone years



Thanks to staff for blowing up all the balloons



The queue to join us for the Open Day went around the building

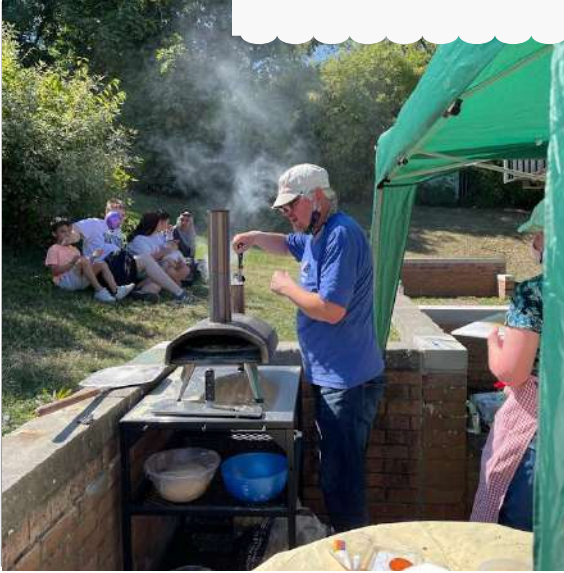


Police Scotland joined in with our celebrations.



# Summer Photo Album

The open day deserves 2 pages of piccies!



Home made pizzas!



Every birthday needs a cake!



So many people inside and out



Balloons galore!



A fabulous afternoon for staff, parents, family, children and young people to get together and celebrate PYCP's 25th Birthday





## Meet Gillian, our new Volunteer Development Worker

I might have met some of you before, I was in PYCP just before the first lock down hit on a University work placement here at PY - I've graduated now and delighted to be back working in Pilton, loved my time here, and delighted to be back as part of the staff team.

Some of you may have worked with me on the awesome mural in PYs foyer, I am very much looking forward to catching up with those of you I know and getting to know more of PYCP's Young People.

I've had various Youth Work roles over the last few years in Pilton and after a brief hiatus in another part of town I'm back home!

My new role is Volunteer Development Worker, I will be working with young people interested in volunteering and getting more involved at PYCP so please feel free to get in touch if that's you.

On the days I'm not in and around PY I'll be found outside, on my bike, up a mountain or swimming in a freezing cold loch somewhere in Scotland, or with my nutty wee broon dug (pic included, cause he's too cute and in his 90's -in dug years).

Although that reads like I'm some fitness outdoor fanatic, I'm also rather prone to being found eating a tonne of food and binge watching shows on Netflix.



**If you are  
interested in  
volunteering with  
PYCP then please  
get in touch with  
Gillian**

**Contact**

**Email:**

[gillian@pycp.co.uk](mailto:gillian@pycp.co.uk)

**Phone/Text:**

07871 369037





## Update on our LGBT Charter Mark

Since February we have all been working towards earning our LGBT Youth Scotland LGBT Charter mark.

Part of this is all about bringing awareness and so we thought it was very important for us to mark Pride Month! Earlier in the year our S1+ Drop In made an LGBT+ Icon display where they created posters on influential people from the LGBT+ community.



They then decided that a good idea for Pride Month would be sharing these posters on our social media channels so even more people could learn about these amazing people. The Icons chosen were Marsha P Johnson, Hunter Schafer, Harry Styles and Lizzo.

## Update from Under 12s: Hopscotch Holiday and growing fruit and veg in the Community Garden



During the week of Edinburgh Pride we decided to do some themed activities in our clubs - we made hanging rainbows in P5-7, did some rainbow baking and LGBT+ Badge making in Girls Group and our S1+ club had a Pride Silent disco!

We have more things planned to commemorate special LGBT+ awareness days so keep your eyes peeled!

Youth Development Worker: Adrianna Marcantonio

Since the last newsletter. We had a 5 day stay with Hopscotch Holidays.

Hopscotch is near Fort William in a place called Ardvullin. Hopscotch provides breaks for young people all over Scotland and most years we get a chance to take a group of 12 young people.

This year we had 6 boys and 6 girls. they went horse riding, rock-climbing, beach trip and cycling.

All the young people had a great time.

Since the Summer programme ended P1-P4s have continued to help in our community garden project. British Gas helped clear up the weeds and fix our raised beds. Just last week we picked some red currents to make jam.

All the young people have since been enjoying eating it on their toast.

We hope to plant some winter plants before the frost returns.

Youth Worker: [Harry Munro](#)





## What's it like being a Wellbeing Worker?

My role at PYCP is part of a new partnership project in North West Edinburgh, called BWell Together .

This is funded through the Community Mental Health Fund and the idea is that each organisation provides a specialism. Ours is to provide 1:1 support to young people aged 12+, particularly those linked with Broughton and Craigroyston High Schools.

We work alongside Circle, Granton Youth, Muirhouse Youth Development Group, Intercultural Youth Scotland, Stepping Stones North Edinburgh and Wester Hailes Youth Agency.

The young people that are referred to the service are experiencing challenges with their mental health and wellbeing. For many, this has been seriously impacted by the Covid-19 pandemic and many are anxious, not attending school and are socially isolated.

I work with young people in school or in the community, using open conversation and planned activities to help them identify coping strategies and improve their wellbeing. The feedback from young people and parents has been really positive so far.

I get lots of positive and motivational messages, that are important in this kind of a role. One of the parents said 'T. has become a more positive person, and she does smile more and more, She has been so excited about every 1:1 with you', also 'A.'s attendance has improved quite a lot, she does enjoy school again'.

Kasia B... Wellbeing Worker

*"T has become a more positive person and she does smile more and more"*



## Being a 1:1 Intensive Support Worker



My role at PYCP as an Intensive Support worker is to provide young people with a regular, confidential space to discuss anything that is important to them and explore solutions to any problems.

Currently I am providing 1:1 support for young people aged between 10 and 16, both in and out of school. Together, we have been working on a range of areas such as building self-confidence, learning techniques to manage anxiety and building positive behaviour. All while building positive relationships with local schools, young people, parents and carers.

Each young person is unique and we work together to plan goals and ways of reaching them. For example, one young person tried out a new sport, one that is quiet, relaxing and slow paced helping them feel calm. "Can we do this every week, I really enjoyed it."

Alongside my 1:1 support role, Rachel and I have started a new group within Craigroyston High school for S1 pupils who require some support with the transition from Primary. We have been looking at fun STEM (Science, Technology, Engineering and Maths) activities and some team-building challenges. This is to help with positive communication, being able to work as part of a team and building confidence.

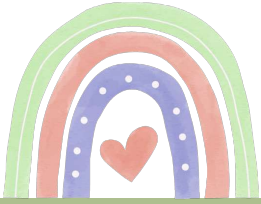
Chloe Thomson: Intensive Support Worker

*"Can we do this every week, I really enjoyed it?"*



# November to December 2022 Programme

Please make sure your child has an up to date Consent and Registration form completed



Thanks to all our Funders, Supporters and donations that help us to keep PYCP running every year. It's thanks to you that we celebrated our 25th Birthday



## 2022 Programme

WOW



Pilton Youth & Children's Project

### TUESDAY

3:30 - 5pm  
P5-7 Club

6 - 7:30pm  
S1+ Girls Group

### WEDNESDAY

3:30 - 5pm  
Roots & Branches  
(Closed Group)

6:30 - 8PM  
S1+ Drop In

### THURSDAY

4:30 - 6:30pm  
Volunteer Group  
(Closed Group)

### FRIDAY

2 - 3pm  
P1-2 Fun Club

3:30 - 4:30pm  
P3-4 Fun Club

6:30 - 8PM  
S1+ Drop In

### Group Work and 1:1

Our group work and 1:1 service, including our B:Well wellbeing support, will continue through the term providing support to groups, individuals and families

PYCP. THE GREENHOUSE. 33 WEST PILTON BRAE. EH4 4BH



If you need a consent form for your child please email [info@pycp.co.uk](mailto:info@pycp.co.uk) to request an electronic one or come in to the branch to pick up a paper form

